



Wabun Sun

Issue #1

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Volume 2

Wabun Scholarship Fund Awarded To Three Students

TIMMINS, ONT. - The Wabun Scholarship Fund has been awarded to three Wabun students. Russell Evans, a Matachewan First Nation member, was awarded \$1,000 by sponsor Northern Telephone; Chris McKay of Mattagami FN received \$500 by sponsor First Nation Engineering and Crystal Schram, a Matachewan FN member was the recipient of \$250 by sponsor Bank of Nova Scotia. The scholarship fund is made possible every year through the annual Wabun Tribal Council Scholarship Fund Golf Tournament.



Russell Evans

Russell Evans is a 22 year old student who is currently attending the Niagara College of Applied Arts and Technology in Welland, Ontario. He is studying Computer Engineering Technology and is enrolled in several programs including: Digital Electronics, Computer Programming, Introduction to Electronics, Electrical, Electronic Workshop and Mathematics.

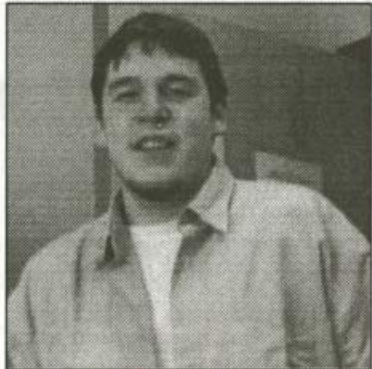
"I am really happy I was able to receive financial assistance through a scholarship fund from Wabun. The help I received through this award really made me feel that our leadership cares a lot about its youth. It also shows that they care about the education of not only myself but others like me," said Evans.

He is involved in the Native Club at Niagara College, which is a support group for Native students. As well, he participates in extra curricular activities including intramural volleyball and basketball. He is also a regular volunteer for the YMCA in St. Catharines. Evans also attended Brock University in St. Catharines for a year where he worked towards a degree in Physical Education. During his time at Brock University he also acted as treasurer of the BAHNSA Native Club. He is currently employed in a seasonal summer position at the Pillitteri Estates in Niagara-On-The-Lake.

After graduation from college he plans to go to university. His aspirations are to work in the fields of computer technology and telecommunications.

"When I am done with my post secondary education I hope to work towards a position with NorTel Networking as a Network Administrator or as a Data Base Manager for a professional sports club," said Evans.

He is a First Nation Cree and was raised in Haileybury, Ontario.



Chris McKay

Chris McKay, of Mattagami FN, is currently in his second year in a Distance Education Contact North Program in association with Sault College in the Aboriginal Resource Technician Program. The three year program is involved in the areas of forestry harvesting, dendrology, conservation, aboriginal law, field orientation, timber cruising, lands management, environment science and biology, communication skills and technical mathematics. McKay is working with three other students from Mattagami FN in the program, which is coordinated by Chad Boissoneau, who is also the Forestry Technician for the community.

"This is a program that I enjoy very much. I believe that it will be very beneficial for our community's future to have more people trained in the area of wildlife and resource management. I also want to thank Chad for introducing me to this field of work and for showing myself and the other students how the resource and wildlife management business operates," said McKay.

The program is in conjunction with the Ministry of Natural Resources and Mattagami FN. McKay and the other students receive assignments and class work through the internet at the community administration office three days a week and work at job placements with the MNR in Gogama for two days a week.

He is very pleased to have received assistance from Wabun through its scholarship fund.

"I am really happy that Wabun

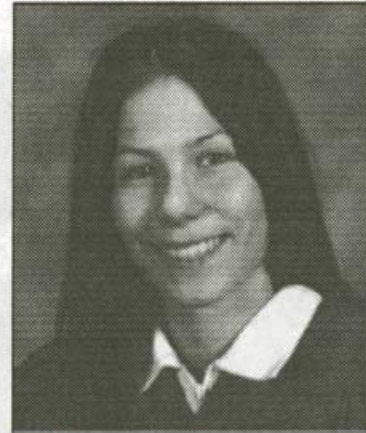
was able to help in my education. With this assistance it has turned out to be a great year for me. It allowed me to find my own living space in the community which in turn helped me to do better in the program I am involved in. I do not think I would have done as well without this help," said McKay.

In 1998/99, he was enrolled in a Marketing program and a Film Studies program at George Brown College in Toronto. He has also worked as a writer for the Mattagami Weekly News in his community. McKay hopes to continue his education after he has completed the Aboriginal Resource Technician Program and plans to attend Lakehead University to become a Registered Pro-

fessional Forester or a Conservation Officer.

At 21 years of age he is a First Nation Oji-Cree and a member of Mattagami FN. He is active in sports and participates in floor and ice hockey. He also enjoys reading and the film arts.

Crystal Schram is a recent graduate of a two year creative fashion program at George Brown College in Toronto. During the program she studied many aspects of the fashion industry including the original design and creation of clothing patterns for pants, skirts, blouses, jackets and dresses. She also had the opportunity with other students to coordinate and organize two fashion shows where their work was displayed.



Crystal Schram

Schram developed her interest in the fashion business from a coop program she was involved in, when she

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Senior Citizen Complex Being Built In Brunswick House First Nation

BRUNSWICK HOUSE FIRST NATION, Ont. - A six apartment seniors building complex is under construction in Brunswick House First Nation. Construction of the new building began in mid May, 2000 and will be completed by November, 2000. Chief Andrew Neshawabin is very pleased to finally see the start of construction on the new building.

"This is a project that our community saw as a priority and one that I wanted to develop ever since I was elected by the people as Chief. The construction of this new building will allow us to take care of our elders in the community rather than have them displaced with the necessity of being transported away to old age homes in towns or cities out of their home environment. Once we have this new building ready for them, our seniors will be able to stay in their home community and live with their families so that their knowledge and experience of our traditions and culture will continue to be passed on," said Chief

Neshawabin.

The new building will be located near the Brunswick House First Nation Traditional Pow-Wow Grounds and will overlook a small lake near the community. The senior's complex is being designed as a six apartment building with a main hallway that will give access to each apartment from inside. The middle of the complex will have a central corridor designed in the style of a teepee to be used during traditional teachings and gatherings with the elders. The complex will have five one bedroom apartments and one two bedroom unit. Each apartment will have its own kitchen, washroom, storage space and will be wheel chair accessible. B.H. Martin Consultants designed the new building with the input of Brunswick House FN leadership and community members.

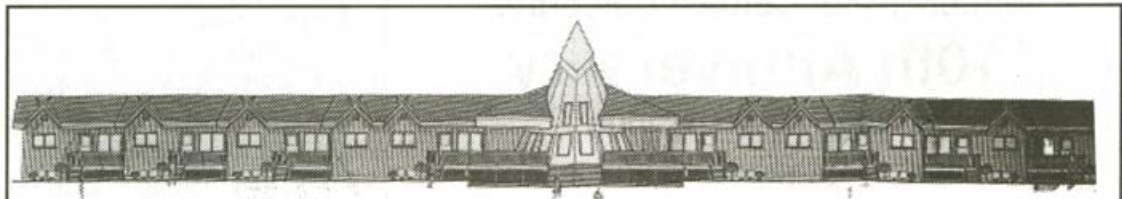
Lorne McWatch, Housing Manager for Brunswick House FN is supervising the project for the community. He is pleased to be part of

the team that is constructing the complex and he is also happy that part of the design will incorporate the traditions and beliefs of the community.

"I am glad to see that our elders will have new homes where they will be very comfortable. I am also happy to see that the design of the main teepee corridor will have the four directions incorporated in the construction so that our elders will be able to carry out teachings such as the sharing circle. This main area will also be used by the elders to teach our traditions and to talk about our past to the youth and members of the community," said McWatch.

The construction of the senior's complex will feature the training of ten local community members. These trainees are involved in the construction of the new building through a 24 week program being funded by Mamo-Wichi-Hetiwin Employment & Training. Five of these trainees have many years experience.

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Proposed Exterior Elevation (front facing lake)



Proposed Exterior Elevation (back facing parking lot)

Brunswick House First Nation Senior's Home Construction

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perience in carpentry and will receive certification as carpenters once their training is complete. The five other trainees, who are women, will receive their basic certification in carpentry once they have completed training. The project manager and trainer for the construction of the new building

is Dennis Desjardins of B.H. Martin Consultants. The ten trainees are: Angela Neshawabin, Tanya Saunders, Cory Saunders, Alfred Tangie, Sharon Saunders, Darlene White, Robin Ojebah, Wilfred Cooper, Johnathan Tangie and Kenneth Saunders.

Chief and First Nation Council

are dedicated to caring for the elders of the community in a manner that is sensitive to their needs and the development of the community.

"I feel really good about this project. It not only gives us the opportunity to build homes for our elders who have done so much for us in the past, it also provides us with a construction project that will give our younger people experience and training to become certified carpenters. The community is also very happy to see this project for the benefit of our elders and the employment of our people," said Chief Neshawabin.

Community leadership is also developing plans for the training of individuals from the community to care for elders who will live in this new building.

"One of the plans we are considering on completion of the complex has to do with the training of four or five community members to care for the elders by preparing their meals, helping with any cleaning or doing any necessary chores. This project is still in the planning stage but we hope to find support to train our people so that our elders can be properly cared for in their new home environment," said Chief Neshawabin.



A NEW SENIOR'S HOME COMPLEX is being built in Brunswick House First Nation. Construction trainees are from L-R, back row: Angela Neshawabin, Tanya Saunders, Cory Saunders and Alfred Tangie. Front row: Sharon Saunders, Darlene White and Robin Ojebah. Missing from photo are Wilfred Cooper, Johnathan Tangie, Kenneth Saunders and Trainer Dennis Desjardins.



BEAVERHOUSE FIRST NATION, Ont. - Chief Roy Meaniss of Beaverhouse First Nation is the featured Chief for this issue of Wabun Sun. He is currently serving his third term as Chief and was first elected in 1993.

Chief Meaniss hopes to lead his community into more economic opportunities and development.

Wabun Chief

"I want our community to grow in terms of economic development. One area of development that we are very grateful for was the construction of our own community hall through the assistance of Mamo-Wichi-Hetiwin Employment & Training," said Chief Meaniss.

He has many years of experience in working with people. He worked at the MINTO Health Counselling Centre in Cochrane, Ontario as a Mental Health Counsellor for six years. He also worked for three years in several positions with American Barracks, a gold mine operation near Matheson, Ontario. Chief Meaniss is a member of the Board of Directors for Native Housing in Cochrane. As

Chief of his community he also represents his First Nation as a Board member of Wabun Tribal Council. In addition he represents his community at the regional level at Nishnawbe-Aski Nation and at the provincial level with the Chiefs of Ontario.

Beaverhouse FN is located 40 kilometers east of Kirkland Lake, Ontario and is accessible only by water. The community has 150 active members that reside in the community and 300 registered members in total. Chief Meaniss hopes to see the development of better access for his community.

"We have a lot more today in our community than what we had in the past but we still need to develop better facilities and services for our members. In the future we hope to develop plans and access funding or financial assistance for the construction of a road to our community. A road would be able to give our community better opportunities for growth and development," said Chief Meaniss.

At 64 years of age, he was born in Beaverhouse First Nation and was raised in Kirkland Lake. He is a First Nation Ojibway and fluently speaks his language. Chief Meaniss enjoys music and plays guitar. He and his partner Jennien stay active and like to fish and hunt.

Reflections

by Shawn Batise, Executive Director



This is most definitely going to be an interesting summer in terms of the First Nation Political scene. Elections for the Assembly Of First Nations (AFN) will take place in Ottawa July 11 to the 13; elections for Chiefs Of Ontario (COO) are set for June 13 to the 15th in Fort Francis, Ontario and elections for the Nishnawbe-Aski Nation (NAN) will take place during NAN's Kee-Way-Win Conference which will take place in Attawapiskat July 18 to the 20th.

All of these political bodies hold elections every three years. Currently these systems are set up so that the election of the leadership of these organizations is accomplished through votes from our First Nation Chiefs. Now I would like to point out that there are some developments in terms of changing the constitutions of our major political bodies so that elections of office would be determined by the votes of First Nation members. I understand that this process will not be in place for at least two more terms or six years from now. Putting this new system in place requires a lot of organizational effort and finances so we have to be patient.

Those people who are running to hold their positions or are trying to win a position must campaign and lobby to garner the support of the chiefs. This is no small feat when you consider that leadership hopefuls for the AFN are faced with lobbying to the entire country while the COO hopefuls must campaign province wide and NAN candidates have to reach out to much of North-

ern Ontario. If you ever wonder why more people don't run for these positions take into consideration that candidates for these leadership positions have to finance their own election campaigns and this is a costly venture.

Let's have a look at some of the notable people who are running in these upcoming elections. At the national level with the AFN, Grand Chief Phil Fontaine hopes to be re-elected. Matthew Coon Come, a well known and respected First Nation leader from Quebec has also announced his intention to run as a candidate for Grand Chief. In addition another well respected and popular First Nation leader, Lawrence Martin, Grand Chief of Mushkegowuk Council is also a candidate for AFN Grand Chief. Grand Chief Martin is an accomplished musician and a Juno Award winner.

At the provincial level, with the Chiefs Of Ontario, Regional Vice-Chief Tom Bressette is hoping for re-election. He is finding competition for the position from candidate Charles Fox, current Grand Chief of NAN.

At the NAN level we see current Grand Chief Charles Fox moving to compete for the Regional Vice-Chief for the Chiefs Of Ontario so he is not seeking re-election with NAN. Toby Beck, Chief of Moose Cree First Nation and current NAN Deputy Grand Chief James Morris are both candidates for Grand Chief of NAN. Too often I find that we as First Nation people are too complacent about the elections of our leaders.

This is serious business as the individuals that our Chiefs elect are responsible for guiding us and representing all our interests. I wish all those in the various competitions for office all the best and I hope for the sake of our Wabun First Nation communities that the successful candidates are those who know who we are and what are needs are here in Northeastern Ontario.

Wabun Scholarship Fund

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attended Kirkland Lake Collegiate and Vocational Secondary School.

"I first knew I wanted to be involved in the fashion industry when I worked in a coop program where I helped other students learn how to create their own clothing. The family studies teacher I worked with Mrs. Pacey, was really helpful in encouraging me towards this field of work," said Schram.

She is currently employed in a managerial position at a Thrifty's clothing store in Toronto. Schram plans to continue working in the fashion industry and to further her edu-

cation in this field. She is very thankful to Wabun for their financial help through the scholarship fund.

"The scholarship award has been a big help since I live in the city where it can be expensive. My goals for the future are to move ahead with the business I work in now or to attend the University of Toronto but I always plan on staying in the fashion industry in some form," said Schram.

A First Nation Ojibway she is a member of Matachewan FN. At 19 years of age she enjoys reading, shopping and designing and producing her own clothing.

Wabun Tribal Council Celebrates

10th Anniversary

August 18 & 19, 2000 -
In Matachewan FN

Wabun Tribal Council will celebrate its 10th Anniversary August 18 and 19, 2000, in Matachewan First Nation. **Wabun's Annual General Meeting will take place on August 18** and everyone is encouraged to attend the **Pow-Wow on August 19**. Come and share in the First Nation culture and traditions of the Wabun First Nation Communities of Matachewan FN, Mattagami FN, Beaverhouse FN, Brunswick House FN, Wahgoshig FN and Chappleau Ojibwe FN.

Wabun Health Promotes Healthy Lifestyle Choices

TIMMINS, Ont. - This issue of Wabun Sun is dedicated to fostering healthy lifestyle choices. Wabun Health recently developed its programs for the upcoming year with an emphasis on healthy lifestyles. Jennifer McLeod, Wabun Health Director is working with her staff to expand the efforts in this area with the hope of preventing many of the chronic diseases that are affecting Wabun First Nation communities.

"We want to promote healthy lifestyles with a greater emphasis because we believe that this will make a difference for our community members. There are many Wabun First Nation people diagnosed with chronic diseases that we provide assistance to however, we also want to find ways to prevent these diseases from occurring in the first place," said McLeod.

Wabun Health recently centered its new program plans around healthy

living with the assistance of health teams in each of Wabun's First Nations. These programs include the promotion of healthy lifestyles that promote weight management, good nutrition, regular exercise and stress management. Wabun Health Community Health Nurses (CHNs) have been implementing these programs in their respective communities.

Ginette Thivierge, CHN makes regular weekly visits to the First Nation communities of Wahgoshig and Matachewan. She recently promoted healthy living in both communities through informative sessions for community members. Thivierge provided information to them and discussed the health value of food products such as: luncheon meats, cheeses, margarines, whole wheat breads, fruits and vegetables, canned soups with low salt and additives and alternative snack foods. She also encouraged participants to start a regular walking club

to compliment any dietary changes they make.

"The community members who attended were impressed and happy to receive new information on how to lead a more healthy life. During my presentation I also showed participants that healthy food choices at the store is possible. It is not always easy to make the change to healthier eating and habits but once a person begins to lead a healthy lifestyle it can last a life time," said Thivierge.

Therese McLellan who recently joined Wabun Health in April has also been implementing Wabun Health's emphasis on healthy living. She is primarily involved in Mattagami FN and makes regular weekly visits. McLellan has promoted healthy lifestyles through her assistance at a regular soup kitchen every week to make healthy foods available for community members. She also conducts regular blood pressure checks, blood

sugar screenings, encourages clients to start a regular exercise program, makes store vouchers available to prenatal women so that they can be assured proper nutrition and promotes smoking cessation and stress management programs.

"A lot of the promoting I do on healthy living has been through one on one situations with clients. I always take the time to teach them what foods are healthy. It is also important that I show them how to prepare these foods themselves. I also encourage everyone to start exercising regularly as this is another means to manage weight," said McLellan.

Cecile Wesley, CHN for the First Nation communities of Brunswick House and Chapleau Ojibwe, is also promoting healthier lifestyles to community members. She has as-

sisted people in the creation of weight loss clubs in both communities and helped in the organization of stress management workshops. As well she also conducts regular blood pressure checks and blood sugar screenings. She also arranged for visits to Chapleau Ojibwe FN and Brunswick House FN by Robin Greer, a Dietitian for the Town of Chapleau to provide workshops on healthy foods, demonstrations on how to prepare these foods and weight management.

"I am always promoting healthy living to the clients I meet with everyday. I believe health promotion is continuous and that it is something that we should always try to think about. I also encourage community members to form walking or exercise clubs to promote regular exercise," said Wesley.

Support Group Motivates Wabun Staff

TIMMINS, Ont. - Wabun staff members recently formed a peer support group called the Chub Club, to assist one another with the goal to lead healthy lifestyles and to manage their weight. The club was recently formed through the initiative of Darlene St. Denis-Lafontaine, Coordinator of Mamo-Nuskomitowin who is based in the Wabun office building. The Chub Club currently includes the following members: Paulette McKay, Wabun Bookkeeper; Audrey Batise, Wabun Secretary; Jennifer McLeod, Wabun Health Director; RoseAnne Ojeebah, Wabun Health Clerk; Margaret Miller, Wabun Health Secretary; Cindy Giguere, Wabun Health Clerk and Darlene St. Denis-Lafontaine.

"This is good for all of us, we

support one another so we can lead healthier lives. So far it has worked to some degree for all of us. We are serious in trying to help each other manage our weight and at the same time we also laugh a lot and have fun together," said Giguere.

Every week the group meets at the Wabun building to motivate one another, discuss ways on how to manage weight, support each other with issues that affect their weight management and share food preparation ideas and recipes. They also organize a regular weigh in every week to monitor each member's progress.

"We meet once a week to talk about ways to better manage our weight and to help each other to deal with issues that might affect our goals. One of the issues we talk about is

stress at work or in our lives that leads to unhealthy habits and loss of motivation. We also had a motivational speaker, Keith McLeod who has lost 50 pounds since the beginning of the year, attend some of our meetings to encourage everyone," said McKay.

As an incentive and motivation for each other, the group started a contest in which they aimed for a weight loss of 20 pounds starting from April 10 and ending on July 21. A cash prize, which will be used to purchase a new clothing outfit, will be awarded to the member or members who have achieved this goal. The Wabun Chub Club challenges all other First Nation communities and organizations to form their own groups for the benefit of healthy living. To date the Chub Club have collectively lost a total of 35 lbs.

Health Matters

by Jennifer McLeod, Health Director



With this issue of Wabun Sun you can see that Wabun Health is putting the emphasis on promoting Healthy Lifestyle Choices. In support of this ideal I am also happy to report that myself and Wabun staff members are actively practicing what we preach.

From a personal point of view I am feeling very good about the Healthy Lifestyle Choices that both myself and my family and Wabun staff members have been making. After 17 years of working as a health care professional I am 'getting with the program'. You would think that all those that work in the health care field would be following a healthy lifestyle but in fact we are all simply normal human beings like everyone else and we all have our own struggles in terms of living healthy lives. As a health professional no one knows more about healthy living choices than I do however it has taken me 17 years to really make the move to put into practice what I know. I am proud to report that so far I am reaping the wonderful benefits of making better choices for myself and my family and the results are far reaching.

Since January I have been closely following the Canada Food Guide in regards to meal preparation for myself and my family. My motivation sprung out of support for my husband Keith who had joined a local weight management support group. I realized that he needed my support at home to assist him in his program devoted to more healthy living. In doing so

my own health has improved as has the health of our family in general. I was also reminded by our family doctor that our children have the same health risks that we do as parents and if they are not learning about and given the opportunity to make healthy life style choices, as they are growing up, they will be faced with health complications later on.

I am not saying it is easy to make changes in lifestyle but at the same time if you are motivated the task is not that difficult. The results speak for themselves. Since January I have lost 29 pounds and my husband has lost 50. The important thing to remember is that often people don't see the need to make these changes because they don't feel the effects for 15 to 20 years and are consequently lost in denial. The ongoing damage to our hearts and other vital organs is silent initially. It is necessary to realize that you have a problem in the first place and that making changes is within your power... you do have choices. It is also very important to remember that you can't do it alone. You need the support of others and don't forget that there are support groups or supportive people in most communities that can assist you in making your lifestyle changes and sticking to them.

Wabun staff members formed the Chub Club this winter to provide support for those who want to make healthy lifestyle choices and it is making a difference in our lives. If you can't find a local support group then talk to your Community Health Nurse or Community Health Representative. All it takes is for one person to initiate the idea and you may effectively achieve your healthy living goals as well as assist others in your community or workplace to achieve theirs.



THE WABUN CHUB CLUB was recently formed by the staff of the Wabun Tribal Council building. From L-R are: Paulette McKay, Wabun Bookkeeper; Audrey Batise, Wabun Secretary; Jennifer McLeod, Wabun Health Director; Rose Anne Ojeebah, Wabun Health Clerk; Darlene St. Denis-Lafontaine, Coordinator for Mamo-Nuskomitowin; Margaret Miller, Wabun Health Secretary and Cindy Giguere, Wabun Health Clerk.

Getting To Know You - Paulette McKay, Bookkeeper

TIMMINS, Ont. - Paulette McKay, Bookkeeper for Wabun Tribal Council is the featured staff member for this issue of Wabun Sun. She started her position in June 1999. Her position involves assisting Jean Lemieux, Financial Advisor regarding day to day financial operations for Wabun. She is also responsible for making bank deposits, preparing cheques for Wabun Health Services and looking

after financial records for Wabun Tribal Council and Wabun Health Services.

"I really enjoy working with the Wabun staff and the people who come into our office from Wabun's First Nation communities. It is a comfortable atmosphere to work in," said McKay.

She wants to continue to develop her skills in general working

with Wabun and to improve her knowledge as a bookkeeper.

"I always want to learn more so I can do better in my position. I want to attend more courses not only for my work but to gain more knowledge in other areas as well," said McKay.

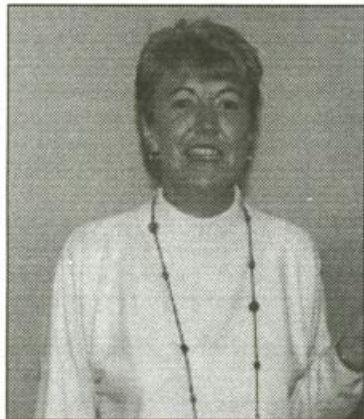
She was employed as a Wal-Mart Sales Associate for a year and was involved in seasonal reforestation work over a 17 year period in project areas

throughout northern Ontario. McKay is also a graduate of a two year Accounting Program from Northern College.

In her spare time she enjoys reading, fishing and craft work. At 45 years of age she is a First Nation Ojibway and a member of Mattagami FN. McKay is also a mother to two sons Christopher and James and two daughters Julie and Amy.



Wabun Health Services - Caring For You - Therese McLellan



Therese McLellan

TIMMINS, Ont.- Community Health Nurse (CHN), Therese McLellan, is the featured Wabun Health staff person for this issue of Wabun Sun. She recently joined Wabun Health on April 10, 2000 as a CHN and is responsible for health program implementation in the community of Mattagami FN. McLellan visits the community three times a week on Tuesdays, Wednesdays and Thursdays and offers individual health services such as: health promotion, prevention, immunizations, communicable disease control, health teaching, well baby clinics, school

health, adult health, chronic disease, long term care and nutrition.

"I enjoy working with the people in Mattagami First Nation. I like having the opportunity to promote health living which has a positive effect on people in the community," said McLellan.

She brings a wealth of knowledge and experience to the Wabun Health team. Most recently she was employed by Health Canada as a Program Coordinator for Communicable Disease Control, Moose Factory Zone for Medical Services Branch. In this position she worked out of the

Wabun Tribal Council office building and was responsible for the monitoring, reporting and follow-up of highly infectious diseases in communities in the James Bay area. Previous to this McLellan was employed with Health Canada from 1992 where she was employed in several positions: CHN for nursing stations in the First Nation communities of Kashechewan and Peawanuck as well as a CHN in public health for the First Nation communities of Moose Factory, Fort Albany and Attawapiskat.

"I am happy to say that all my experience has been with First Nation communities in the James Bay area. I have always wanted the opportunity to work in remote areas ever since I first visited the far north years ago," said McLellan.

She is a graduate of the Univer-

sity of Toronto where she completed a Degree in History and Political Science. As well she is also a graduate of a Bachelor of Science and Nursing degree from Ryerson University in Toronto. McLellan also completed a Northern Outpost Clinical Program from McMaster University in order to work in an extended role in remote northern communities as a CHN. As a registered nurse she is a member of the College of Nurses of Ontario.

As a personal goal, she hopes to attend university again, to achieve a masters in health science to become an epidemiologist. McLellan, 36 years of age, is originally from South Porcupine in Timmins. She enjoys golf and was a member of a four person winning team at the sixth annual Wabun Scholarship Fund Golf Tournament in September, 1999.

First Nation Entrepreneurs - Mario & Ann Batisse

MATACHEWAN FN, Ont. - If you are looking for a first rate First Nation company, with a proven track record, for your training and consulting needs talk to Two Eagles Training/Consultants. Mario and Ann Batisse run the 100 percent Native owned company from headquarters in Matachewan First Nation.

In terms of training, Two Eagles runs programs in partnership with local colleges and provides on site training to people wanting to obtain certification in various technical fields. Much of the company's instruction has involved Heavy Equipment training. Two Eagle instructors are college trained and certified and most importantly they have years of experience in heavy equipment operation in the construction and mining industry. Mario Batisse and Richard Hyde are the two main instructors. They are eager to work with other First Nation communities and to date have provided programs for

Matachewan, Wahgoshig and Mattagami First Nations.

Much of the company's success has had to do with the leadership provided by Ann Batisse, Business Manager and Training Coordinator and her husband Mario who is a key figure in instruction. The Training Programs offered by Two Eagles include: Health and Social Service Training, Business Planning/Proposal Development Workshops, Technical Skills Training, Heavy Equipment Training, Horse Logger Training, Mechanical Forest Harvester Training, Truck Driver Training and Landscaper Training. In addition to training the company also provides Consulting Services to First Nation communities including program evaluation/development, business development and proposal writing.

There are many benefits in utilizing the on site services of Two Eagles. It is very cost efficient for First Nation clients to have instruction and

training done in their community. Two Eagles will provide assistance to First Nation communities in obtaining funding for training courses and projects. It is much easier for First Nation clients to learn and succeed with training provided right in their own community rather than having to leave home for instruction. First Nation communities can reap the benefit of working training programs around community projects so that even more cost efficiency is realized. The First Nation community has a high level of control and has input into the training programs. Two Eagles staff is committed to going the extra mile to ensure that clients successfully complete their training. For more information contact Ann or Mario Batisse by phone/fax at 705-672-2931 or you can write them at: Two Eagles Trainers/Consultants, Box 74, Matachewan First Nation, Matachewan, Ontario POK 1MO.

Wabun Tribal Council Community Events Listing

MATTAGAMI FN - Tammy Naveau, Child and Family Service Worker and Councillor will be moving to a new position as Band Constable for Mattagami FN at the end of June; June 25, Monster Bingo with \$25,000 in prizes, games will start at 11:45am; Water Safety program will be held for three weeks in July; Construction of a new playground that was donated by Shania Twain will start in June; 13 students from grade eight to post secondary will be working for the summer in positions throughout the community; the Mechanical Harvesting Training with eight trainees and in association with College Boreal will take place in the summer and The Chief and Council of Mattagami FN would like to congratulate Betty Wheesk on her graduation from Canadore College in North Bay.

MATACHEWAN FN - Beginning May 30, weekly Bingo every Tuesday at 7pm at the Community Hall; June 15, Aboriginal Day Fish Fry and Bannock followed by Chinese Baseball; June 18, Father's Day Baseball and Horse Shoe Tournament (Weather permitting, will start at 12 noon); June 30, Tentatively, a Children's Dance is being planned and July 1, Tentatively, a Volleyball tournament is being planned.

BRUNSWICK HOUSE FN - Aug. 1 - 31, Traditional Healing Summer Camp with Ernie Constant in the community; June 3, July 8 and Aug. 5, Monster Bingos with \$25,000 in prizes on each date at the community center; Every Friday, Regular Bingos with \$3,200 in prizes at the community center; July 15, Community Wedding, Lily McWatch and Ghislain Jacques, ceremonies in commu-

nity and reception at the community center and To Be Announced, Fourth Annual Brunswick House First Nation Traditional PowWow in late August or early September.

BEAVERHOUSE FN - June 16, Beaverhouse First Nation will host a Kunuwanimao Child & Family Services Board of Directors Meeting; June 17, Beaverhouse FN Annual General Meeting and every Tuesday there will be meeting of the Women's Circle Group.

WAHGOSHIG FN - Mid June, Community Clean up and in the first week of July a community dock which was donated by Tembec Industries Inc. will be installed at the lake.

CHAPLEAU OJIBWE FN - June 6 at 7pm, Grey Owl Presentation and Discussion with Armand Ruffo; June 18, An Esteemed Extravaganza Father's Day

Tea, 1 p.m. By invitation only, limited seating; June 21, National Aboriginal Day, activities to be announced; July 15, 10am to 4pm, Car Wash; June 26 at 12 noon, Elder's Meal; August 15, 4:30pm to 6:30pm, Spaghetti Supper; August 25, 26, 27, Baptiste Memegos Memorial Gathering and August 30 at 12 noon, Elder's Meal. In support of building a playground for the community's children, raffle tickets are being sold for a trip for two to Las Vegas (four nights) and are available at the Chapleau Ojibwe and office and Wabun Tribal Council office. Tickets are \$10 each and the prize will be drawn on September 1, 2000.

You can call the any of Wabun's First Nation administration offices for more details on these events and announcements.

Community Forum On Health Coming Soon To Your First Nation

Over the next four months Wabun Health will be presenting Community Forums in all Wabun First Nation communities. The goal of these forums will be to communicate with the First Nation members and to obtain their feedback on Wabun Health programs and services. These forums will provide up-to-date information on Wabun Health programs and services and give the Wabun members an opportunity to ask questions and become involved. Watch for more information and notices in your community for the Date, Place and Time of your local Community Forum On Health.

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