



# Wabun Sun

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## Matachewan First Nation Historical Perspective

Matachewan First Nation is an historic northern First Nation community that has served as the traditional living site of many First Nation families. Elder Laura Flood was born and raised in Matachewan FN and recently she was kind enough to share her knowledge of the history of the community during an interview.

Elder Flood was born on the land in Matachewan FN before the community had established as an organized site. As a matter of fact her grandmother acted as the midwife and assisted her father in delivering her at the time she was born. She explained that her grandmother was a major force in her life. Their family spent their summers living in the town of Matachewan. While they lived in town, Elder Flood's father tended a garden to provide a source of food for the family and as well he picked berries. The collected berries were then brought back to their home on the land to create preserves for the winter.

In the winter time the family returned to the site of

Matachewan FN and Elder Flood's father trapped and hunted for the family. She noted that they always had enough wild meat and vegetables to eat but were otherwise short on every other food for the family. Her father worked for nearby logging camps to earn a living and to help generate income. The family also traded freshly caught lake trout with local forestry companies for hard to get foods such as flour and sugar.

"Matachewan First Nation is a very old community where our family and others have lived for many generations. As a young child, I remember seeing older buildings that had been there for a very long time. This is where our grandfather and his family lived and where a lot of the men in our family stayed and acted as guides for other hunters and trappers in the area," said Elder Flood.

She noted that at one point, all of the old people in the community had passed away and many residents left the area. At one point the Batise family were the only ones left in the community. When she turned 19, Elder

Flood's family also underwent some changes when her father moved the family into the town of Matachewan on a more permanent basis to allow his children to go to school.

"The change was hard for everyone. It was a little more difficult to live in town because we were not able to practice our traditional activities as much as we once had. Dad eventually found work to help the family and we all adjusted as best as we could to our new life," said Elder Flood.

She explained that her grandfather Michel Batise was the first recognized Chief of Matachewan FN. Elder Flood noted that originally Chief Batise used the last name Batise-Twain and that at one point, Batise became the family name.

According to the initial Treaty #9 document which was created in 1905 and 1906, the Treaty Commissioners arrived in Matachewan FN on June 19, 1906 after travelling from signing the treaty with the Abitibi First Nation people. They proceeded from Haileybury to Latchford using the

Temiskaming and Northern Ontario Railway then north for four days by water craft on the Montreal River to Matachewan FN. A crew from Temagami and several Native people from Matachewan Post including Michel Batise assisted the Treaty Commissioners on their river travel.

On June 20, 1906 a conference was held with the First Nation people of Matachewan and the treaty was signed by several community members and witnessed by the people and others. Michel Batise, Round Eyes, Thomas Fox and Jimmy Pierce signed the treaty with a simple 'x' beside their names. It was also signed by Treaty Commissioners Duncan Campbell Scott, Samuel Stewart and Daniel George MacMartin and witnessed by Pelham Edgar, George Monteith and Alex George Meindi, M.D. After the signing, payments were made the next day on June 21 to 79 First Nation members of the community. An election was also held in which Michel Batise was recognized as the first Chief under

the new treaty. A feast was later held for everyone and Chief Batise was presented with a flag and a copy of the treaty.

The new treaty gave the First Nation community an area of sixteen square miles of land. The schedule of reserves was noted as - ' In the province of Ontario, inland and north from Fort Matachewan beginning at the creek connecting a small lagoon with the northwest shore of Turtle Lake, thence south on the west shore of said lake a sufficient distance to give an area of sixteen square miles.'

The Treaty Commissioners then left the community on June 23 to continue signing the new treaty with the next set of communities in Mattagami and New Post. There is much contention surrounding the signing of these treaties as many of the people involved did not have a detailed idea of what the government of Canada was doing and many community members were not present at the time of the treaty signing.

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## Wahgoshig First Nation Implements Home and Community Care Program



**ANNE GUNNER,  
HOME AND COMMUNITY  
CARE WORKER**

Wahgoshig First Nation is the first Wabun community to implement the Home and Community Care program to provide better health services to community members who require health care in their homes. The program is the first in a series of such services being developed by Wabun Health Services to assist

Elders and special needs patients in Wabun's six communities.

Anne Gunner Chookomoolin, Home and Community Care Worker in Wahgoshig FN is working closely with community members in their homes as part of the new program. She was hired for the new position in January 2002. Before working for her community in this role she completed a month long training period at Northern College in Timmins to learn care giving skills and how to work with elderly people.

Her main role as a Home and Community Care Worker is to help monitor patient's health on a more regular basis, while the Community Health Nurse is away from the community and to assist members with other health care services such as informing them about their medication or notifying them of doctor's appointments.

Patients in the community who require regular medical assistance are referred to the Home and Community Care Worker by the Community Health Nurse

(CHN). During initial meetings with the patient the Home and Community Care Worker makes a visit with the CHN to be updated on the person's health, prescriptions and doctor's appointments. Gunner-Chookomoolin will monitor patients by taking regular blood pressure checks, assist with organizing medications and assist people with diabetes by conducting blood sugar tests twice a week and help them follow a healthy diet. She noted that she assists mainly Elders in the community and people returning from hospital care or surgery who need help at home. In addition, she also visits women who are pregnant or who already have young children to educate them on the benefits of breast-feeding.

Ginger Nadon, Community Health Representative, supervises the Home and Community Care program in Wahgoshig FN. The Home and Community Care program is also administered by Community Health Nurses (CHNs), Home Care Coordinators and Jean

Lemieux, Wabun Health Director, who is overseeing the program.

Gunner-Chookomoolin explained that her role as the Home and Community Care Worker in the community will help visiting Wabun Health CHNs who come to the community on a regular basis.

"My role is to provide medical assistance to the people in my community. I also provide assistance to the visiting Community Health Nurse and give any extra help or support to educate people on healthy living. Sometimes dealing with medical conditions or health issues can be difficult for some people so I also help people understand treatments or what to do for themselves if they do not understand. I enjoy working with mothers as well and helping them give their young children a healthy start in life. I am happy to be part of a program that is helping our people," said Gunner-Chookomoolin.

She is based at the community's Health Clinic but

Gunner-Chookomoolin spends most of her time as Home and Community Care Worker at people's homes. She noted that she leaves charts and small medical notes at people's homes and when that is not possible she files this information at the Community Health Clinic. The information is then used by the visiting CHN to provide better medical assistance for community patients.

In 1997, discussions with the federal government and First Nations to develop the Home and Community Care program began to address the needs of Native communities. A joint working group developed out of these discussions under the Continuing Care Framework to recognize culturally appropriate continuing care services for First Nations. This initiative is now a federally funded program by Health Canada. Currently the program is funded through Wabun Health which administers the service to all six of Wabun's First Nation communities.

# Elder Laura Flood Raised on the Land



**ELDER LAURA FLOOD**

Elder Laura Flood was born and raised in Matachewan First Nation. Elder Flood is a traditional Ojibway person who is able to speak and write her language fluently.

For several months during the past winter she acted as a language instructor at the local recreation hall for members who wanted to learn to speak or write the Ojibway language. She also provided demonstrations on how to make bannock and prepare and cook traditional food with wild meat.

Elder Flood is a traditional person who has always enjoyed spending her time on the land. At one time she worked with young Native people who lived on the streets in Toronto. She was involved with a Native organization in the city and her role was to bring the youth north for a traditional experience of camping and learning the traditional ways on the land.

Elder Flood has been involved in numerous other projects or programs that involve youth. In the summer of 2001, she taught Native crafts and med-

icines at Grundy Park Camp in her area. She has also assisted Junior Rangers by teaching them traditional skills while out on the land as well as Native craftwork. In addition, she has worked as a hunting and fishing guide and for the Ministry of Natural Resources through tree seeding and planting activities in the Matachewan area.

She continues to follow a traditional lifestyle and still enjoys trapping and hunting. Throughout the year she visits her traditional trapping area which is located close to the town of Matachewan in what is known as Carol Township. She noted that she traps beaver in the fall and marten and fox in the winter.

"In the fall I also go moose hunting, usually in October. I go early to call the moose before the season begins. I get help from the family if I am either hunting or trapping but sometimes I enjoy being alone out in the wilderness. During the cold months I spend a lot of time creating my crafts and making things like pine needle or porcupine quill baskets," said Elder Flood.

In the summer she enjoys spending her time camping with her family and doing a lot of fishing. She added that during family camping trips she enjoys sitting around the fire, playing her guitar and singing songs with everyone.

Elder Flood believes her role as an elder in her community is to pass on the ways of traditional life. As part of this responsibility she tends to spend a lot of time with local youth and enjoys teaching them such activities as preparing and tanning animal hides. She

looks forward to summertime when she heads out on the land to pick berries to make jams and preserves and in the spring she collects tree sap to make syrup.

"To me, being an Elder is just leading a way of life that I have always followed. Sometimes I take people out on the land who do not have the opportunity to do these kind of things and teach them our way of life. I enjoy teaching our traditional activities to others and especially to youth so that they can develop an interest in our people's past," said Elder Flood.

She credits her knowledge and skills in her people's traditional way of life to her grandmother who lived with her family.

"I did a lot with my grandmother, she was my teacher and taught me a great deal about living off the land. Our father spent a lot of time away from home but our grandmother was able to take care of us and at the same time teach us about our past," said Elder Flood.

As a community Elder, she is invited to local events to provide spiritual guidance. She sees her role as an Elder as a teacher who passes down the knowledge and experience of her people to others in her community.

"An Elder has to teach our youth about their people and our traditional way of life. We have to ensure that our knowledge about our past must not be forgotten. Our language is also important and we should teach our Native language as well as show our youth the way of life our people once followed," said Elder

Flood.

She would like to see her community develop facilities and projects that would benefit youth and seniors.

"It would be good to have our own school for our children. A senior citizens home would also be a good addition for our community. Whenever we need this service our elderly have to leave the community and be away from their families. A home for our seniors would also create employment opportunities for our people," said Elder Flood.

Elder Laura (Batisse) Flood was married to Wycliffe Flood, who passed away in 1977. She has a large family including Lorne Flood, Laura Jean Flood and Dorothy Flood and step sons and daughters: John Flood, Anne Flood, Keith Flood, Joyce Flood, Lois Deerdone, Jean Flood, Barbara Summerbull, Velma Nickels and Sheila Corner. 'Sadly she has lost two of her sons Clarence Flood and Leonard Flood. Elder Flood also has many grandchildren in her family.

## Scholarship Fund Award Winners

Six post secondary students shared in the Annual Wabun Scholarship Fund awards this year. The six winners were given a monetary award for their academic per-

formance over the past year. Analyst at Canadore College. Batisse hopes to complete her education with the goal of working in the computer technology field for a Native organization.



**JEANINE BATISSE**

formance over the past year. Each award is funded by Wabun and by other businesses and organizations. The award winners and the sponsoring organizations are: Jeanine Batisse of Matachewan FN who was awarded \$1,000 sponsored by Northern Telephone and Wabun Tribal Council; Mary-Lee Boissoneau of Mattagami FN won \$500 which was sponsored by Wabun Health Services and Chris McKay of Mattagami FN and Matachewan FN members Doreen Fox, Rose Thomas and Bertha Cormier were awarded \$200 each which was sponsored by Wabun Tribal Council, First Nation Engineering and the Bank of Nova Scotia.

Batisse was happy to be awarded for her achievements and receive recognition for her academic performance.

"It feels good to have this recognition and encouragement from our leadership. The award is a great incentive to encourage students like myself to work harder to achieve our goals," said Batisse.

She is a First Nation Ojibway person and a member of Matachewan FN. She is currently residing in North Bay and is hoping to complete her third and final year as a Computer Programmer

Mary-Lee Boissoneau is currently working as a summer student nurse in Mattagami FN where she is residing. In September she will start the third year of a four-year program to achieve her Bachelor of Science and Nursing at Laurentian University in Sudbury.

"I was really happy to



**MARY-LEE BOISSONEAU**

receive this scholarship award. It shows students like myself that our leaders want to support us as Wabun members and encourage us to continue our education," said Boissoneau.

She is an Ojibway First Nation person and a member of Mattagami FN.

Rose Thomas, a member of Matachewan FN, explained that the monetary award she received helped her pay for an apartment while she took a placement in New Liskard. She recently graduated from a two year Law Clerk Program at Canadore College in North Bay. After she completed the program she took a three week placement with Ramsey's Law Office in New Liskard.

She is hoping to continue her education and is considering applying for the Criminal Justice Program at Nipissing University in North Bay. Thomas is a First Nation Ojibway person.

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## Matachewan First Nation Historical Perspective

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Matachewan FN is a First Nation Ojibway community with a present day membership of about 400 members. There have been

several developments that have taken place in the community over the past few years. Recently, a new First Nation administration building was constructed as well as the completion of a new community

complex which was built in 1997. The community is located approximately 30 kilometers southeast of the town of Matachewan and about 60 kilometers west of Kirkland Lake off of Highway 66.

## Ojibway Translations

Here are some useful Ojibway words with translation into English.

We thank Elder Laura Flood of Matachewan First Nation for supplying Wabun Sun with this knowledge of the language.

AMIK KITAONIAMABA - Going to set a trap for a beaver

CANK KBACCI KAIL NIKIK - Also trap for Mink and Otter

WA PANK KANATASO NAKANE - Tomorrow I'm going to check the traps

MOS KAIA KANANATABA WAPANMA - Going to look for a Moose

GAIAS TIMITYIAN - So you have meat to eat?

# Health Care Worker Meeting Run by Wabun

Wabun Health Services held a two day Health Care Workers meeting to bring together Wabun Health staff and other health care workers to keep in touch with developments and initiatives taking place in Wabun's communities. The meeting which took place on May 7 and 8, 2002, is one of several regular meetings for Wabun Health Services staff that take place throughout the year.

Jean Lemieux, Health Director for Wabun Health Services, explained that these meetings are a way for her staff to keep in touch with other health care workers and new developments or information that can benefit Wabun First Nation communities.

"The Health Care Workers meeting generally brings everyone together in round table discussions to talk about what has taken place in the past several months in each of the communities that our health care workers are concerned with. These meetings keep everyone up to date on what is taking place at our main Wabun Health office in Timmins and in each of our Wabun communities," said Lemieux.

The main issue that was discussed during the Health Care Workers meeting was the Home and Community Care Program which was recently introduced and is in development to all of Wabun's communities. Lemieux explained that funding levels had been decreased for the Home and Community Care Program but that it was still being developed as planned.

"Under the new agreement for the Home and Community Care Program there

has been a slight decrease in the amount of funding by Health Canada. I have to add that the changes occurred after the agreed funding amounts were set for each community. We are hopeful that we will be able to deal with these changes," said Lemieux.

The meeting allowed the participants to update everyone on their community workplans which were developed with the approval of First Nation Chiefs and Councils. These workplans are geared to the specific needs of each First Nation. The workplans and the developments that have taken place were reviewed and Health Care workers shared information. The Health Care workers who participated in the two day meeting also made presentations on activities they have taken part in, including: walking and physical exercise programs, HIV/AIDS Awareness Days/Workshops, People Savers Programs, Annual Clean Up Days, Weight Loss Programs and Stop Smoking Programs.

In addition, other Health Care workers from other organizations and services were able to make presentations to the Wabun Health Services staff. During the first day of the meeting, a presentation on holistic healing through Reiki, was facilitated by Kathy Bobula, a Registered Nurse and Reiki Master. Reiki is an ancient form of natural healing from the asian culture and developed by a Japanese doctor during the last century. The first day of the meeting also included Lynn Fectau, of the Red Cross Timmins Branch, who facilitated a presentation on meal plans and on what types of food to purchase for Elders and patients who are being



**A HEALTH CARE WORKERS MEETING WAS RUN RECENTLY BY WABUN HEALTH IN TIMMINS. FROM L-R ARE: THERESE MCLELLAN, WABUN CHN; CECILLE WESLEY, WABUN CHN; EILEEN BOISSONEAU CHR, MATTAGAMI FN; JEAN LEMIEUX, WABUN HEALTH DIRECTOR; GILLES ST. PIERRE, ENVIRONMENTAL HEALTH OFFICER, HEALTH CANADA; CINDY GIGUERE, WABUN CHN; SUSAN COLLINS CHR, MATACHEWAN FN AND PEGGY CLAVEAU, WABUN ASSISTANT HEALTH DIRECTOR.**

taken care of at home through Wabun's Home and Community Care program.

On the second day of the meeting, Gilles St. Pierre, Environmental Health Officer, Health Canada, First Nations and Inuit Health Branch conducted a presentation on rabies protocol and procedures to the Wabun Health Services staff. St. Pierre explained that Health Care Workers should let people know the dangers of dealing with rabid animals and inform them on what to do in situations where they have to deal with infected animals. He also noted that there are other people who are trained and qualified to deal with rabid animals and also explained what to do in situations where people have come into contact with infected

animals.

"We had a very good meeting with everyone. These meetings are very informative and are important for sharing information. The presentations and sharing of ideas on different programs that are taking place throughout Wabun Health and its communities will allow Health Care workers to develop future work plans for each of their First Nations," said Lemieux.

She added that Wabun Health Care workers also discussed the possibility of attending another Health Care Workers Retreat in the fall. This retreat would be similar to one that was held in August of last year for Wabun Health Services staff and health care workers from Mnaamodzawin Health Services

of Sheguiandan First Nation on Manitoulin Island.

Health Care Workers who attended the recent meeting in May 2002 included: Jean Lemieux, Health Director; Peggy Claveau, Assistant Health Director; Cecille Wesley, Community Health Nurse (CHN); Cindy Giguere, CHN; Therese McLellan, CHN; Eileen Boissoneau, Community Health Representative (CHR), Mattagami FN; Susan Collins, CHR, Matachewan FN; Edna Hanson, NNADAP and Mental Health Worker for Matachewan FN; Caroline Ojeebah, CHR, Brunswick House FN; Joanne Nakogee, CHR, Chapleau Ojibwe FN; Evelyn Black, NNADAP, Wahgoshig FN and Margie Miller, Wabun Health Secretary.

## New Technology An Aid To People With Diabetes



**THERESE MCLELLAN, CHN**

Wabun Health has introduced a new blood monitoring tool known as the Hemoglobin A1C machine to help community members with diabetes by preventing complications of the disease and assisting them to better manage their condition. The new medical tool was purchased by Wabun Health and can be easily transported to all of Wabun's communities.

Therese McLellan, Community Health Nurse (CHN) for Wabun Health recently used the new medical tool for the first time in the Wabun community she services, Mattagami First Nation. She explained that the Hemoglobin A1C machine was

used in conjunction with a visiting Diabetes Team to monitor and assist people with diabetes in the community.

The Hemoglobin A1C machine will be utilized by the Diabetes Team during visits to Mattagami FN every two months. The Diabetes Team is funded by the Victoria Order of Nurses (VON) and services the Timmins area which includes the Wabun communities of Mattagami and Wahgoshig. Theresa Tailleser, Dietitian and Joanne Chaput, Nurse make up the Diabetes Team and are both certified Diabetes Educators. They see patients in the community concerning medication and monitor their blood sugar levels as well as educate them on proper nutrition and inform them on any followup or referrals related to diabetes.

The new Hemoglobin A1C machine analyzes small blood samples to screen for blood sugar levels. The new machine monitors average blood sugar levels over an extended period of time rather than the short term. McLellan explained that taking blood samples for the new

machine is as easy as a finger prick and the results can be seen from the test in about six minutes.

"This is a helpful tool to assist people with diabetes in our communities. The Hemoglobin A1C machine only takes a minimal amount of blood through a finger prick. It is a whole lot better than getting patients to go through blood work where more blood is needed and results take a lot of time," said McLellan.

She added that the medical tool is recommended for people with diabetes every three months if they are taking insulin and every six months for those who are taking oral medication. The timings of these tests are guidelines but depending on the level of diabetes and the medical history of a patient, the blood sugar test on the Hemoglobin A1C machine can be conducted on a more frequent basis.

"The new blood monitoring machine can be utilized by our Diabetes Teams to educate patients and conduct follow-up care based on the results. It is also a tool that we need to prevent complications from diabetes," said McLellan.

## Scholarship Fund Winners



**ROSE THOMAS**

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Doreen Fox is a member of Matachewan FN and recently completed a Welder Fitter program at Northern College in Kirkland Lake. She was also happy to receive recognition through the scholarship award for her achievements. Fox, who is First Nation Ojibway person hopes to further her education and is considering taking another program in forestry at Northern College Kirkland Lake campus.

Mattagami FN member, Chris McKay has been pursuing his goal of working in the forestry and natural resources field. He took part in a three year Distance Education Contact North pro-

gram in association with Sault College in the Aboriginal Resource Technician Program. Currently he is working for his community of Mattagami FN in forestry and natural resources initiatives. He is a First Nation Ojibway person.

Bertha Cormier is a member of Matachewan FN and received a \$200 scholarship award to help her achieve her education and career goals. She is a First Nation Ojibway person.



**CHRIS MCKAY**

The scholarship is made possible through the Annual Wabun Scholarship Fund Golf Tournament which is held in Timmins.

# Health Care Worker - Margaret Quakegesic

Margaret Quakegesic, National Native Alcohol and Drug Abuse Program (NNADAP) Worker for Brunswick House First Nation is the featured Wabun Health Care Worker for this issue of Wabun Sun. She started her position as NNADAP Worker in February 2002. Wabun Health funds the position through its delivery of the (NNADAP) program in each of Wabun's communities.

Quakegesic is responsible

for educating and encouraging awareness of alcohol and drug abuse to community members. She explained that she has begun work to promote awareness of drug and alcohol abuse to children. In addition, she works in partnership with the community's Brighter Futures worker and Family Support worker. Quakegesic also assists in meetings and gatherings that deal with alcohol and drug abuse issues and promotes awareness.

"I work as part of the community to help my people become aware of drug and alcohol abuse issues. Part of my work includes working with people on a one on one basis and I am open to meeting and talking with others to help them deal with drug and alcohol abuse," said Quakegesic.

She previously worked as a NNADAP worker in her community in 2000. Quakegesic has also participated in a log home construction program which was

funded by Mamo-Wichi-Hetiwin Employment & Training and was employed as a labourer and worker for six months.

She enjoys working with people and helping others in her community deal with sometimes difficult issues in their lives.

"I like being able to work with people. The National Native Alcohol and Drug Abuse Prevention Program is an important service for our community that can help a lot of people and

provide an awareness for drug and alcohol abuse issues," said Quakegesic.

She hopes to continue working in the health care worker field and in future advance her knowledge in counselling.

She is a First Nation Ojibway person and a member of Brunswick House FN. Quakegesic lives in a common law relationship with Lorne McWatch and they have four children: Jamie Lynn, 7; Dylan, 9; Rodney, 10 and Samantha, 11

## Kevin Tangie Featured Youth for Wabun



**KEVIN TANGIE**

Kevin Tangie is the Wabun Tribal Council featured youth for this issue of Wabun Sun. Currently, he is employed as a Community Development Officer with Mamo-Wichi-Hetiwin Employment & Training in Timmins.

"I am very happy in my role at MAMO working to assist our people in acquiring training needed for employment opportunities. Someday I would like to run my own business as I feel I have learned much over the past few years that would help me to do this," explained Tangie.

Previous to becoming a Community Development Officer he worked as the Self Employment Assistance Coordinator for MAMO. At one point he was also a member of the MAMO Board of Directors.

Tangie is an Ojibway from Brunswick House First Nation. He has served his community by working as an Economic Development

Officer. In addition he has held the position of First Nation Councillor for Brunswick House First Nation. Previous to this he worked with the Ministry of Natural Resources in Computer Mapping.

"I worked as a GIS Technician trainee. It was a good experience I got to see how forest companies operate and how much they cut and what they save. I also put together a series of maps of our First Nation traditional areas," said Tangie.

At one point he also sat as a member of the Board of Directors for Kunuwanimano Child and Family Services in Timmins.

He has an educational background in forestry and computers. Tangie is a great believer in higher education and training as a means for First Nation people to achieve quality employment.

"Training is very important for our people. With our interest in self governance it is necessary for us to take part in training to develop and do good things for our First Nations," said Tangie.

## Health Matters



**JEAN LEMIEUX,  
HEALTH DIRECTOR**

One of the things that we try to focus on at Wabun Health is making sure that our Wabun community members are provided with the best possible health services. We are continually looking for new ways to improve our services and to achieve funding from the government to develop programs aimed at benefiting our Wabun members.

There are many dis-

eases that are affecting our people these days and cancer in its many forms is one of the most serious and devastating. However, with early detection and treatment many people can live with cancer in their lives.

Last year we applied for and received funding from the Breast Cancer Foundation to promote Breast Health Awareness with the Wabun First Nations. We were very happy to be capable of providing this much needed service dedicated to early detection of cancer. Part of the funding we acquired was used to train our Community Health Nurses (CHN) to conduct Breast Screening in Wabun communities. By doing so we are able to visit our First Nation members in their communities and offer them this important screening service. Anyone who is found to have any abnormalities as a result of the screening is then referred by the CHN to that person's family physician, a clinic or a hospital.

Although I am happy

with the developments in this area to date I do feel that more of our community members should be turning out for the Breast Screening. We have purchased promotional materials and workshops to provide more information about screening and we are hoping that more and more women take advantage of this very important process that can make a big difference in people's lives.

I want to take this opportunity to remind all of our women that the Breast Screening is available to them. There is no reason for anyone to be afraid or uninformed about this screening and I urge all of our Wabun women to contact their CHN or call us direct at Wabun Health for more information about Breast Screening. With your cooperation and interest and through services like Breast Screening we can all do our part together to help keep our people well.

## Wabun Sun



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